



## WORKSHOPS DESCRIPTION

Workshop A 1 option between the following:	Workshop B 1 option between the following:
Cinema	Arts
Discussion and Debate*	Cooking
Entrepreneurship	Dance
Nature and Environment (NEW 2021!)	Music
Journalism and Album	Video and Communication (NEW 2021!)
Literature *	Sports and Training
Quebec Civilization	Theater
Science (NEW 2021!)	Mind, Body & Soul (New 2021!)
	Outdoors (NEW 2021!)

\*Recommended for intermediate or advanced level students

### Workshops A

#### Cinema

Who doesn't like cinema? But are you aware of all the work behind a movie? Scenario, acting, make up, editing, you name it! This workshop offers the opportunity to experience many dimensions of production and how to apply them. Get behind the camera and be part of the creation process. Our movie will be shown at the end of the program!

And it's not just about full features! Short films, animation and advertising are also to be covered! Cinema lovers feel a need to share their experience with others, so of course we'll go to the movies!

#### Discussion and Debate

Debating is an art! Finding the right words to express our thoughts is an important part of our daily lives, especially when dealing with sensitive subjects. This workshop is the right place to organize your thinking and

will sure give your skills in French a nice level up! This is a challenge you will want to take on! \*Please note that this workshop is more suitable for intermediate and advanced students.

#### Entrepreneurship

It is never too soon to launch your career! So what is there to know about starting a business? What are the problems you might encounter? You'll have the chance to meet with experienced people and develop a brand. We'll also help you understand the workplace and job searching. Why wait? The earlier you start, the further you'll get!

#### Nature and Environment

You want to get implicated in making your city a greener space? You've come to the right place! Not only will you discuss sustainable development, but you'll also get to apply those concepts outside the classroom. It's also a good



place to share your ideas about how we can improve our lifestyle to reduce the impact on the environment, and promote those ideas with the others students on campus. Will you be the next Greta Thunberg?

### **Journalism and Album**

Without people to tell it, history is meaningless. Be the ones to immortalize the wonderful moments you'll have in Québec City with short newspapers for all the participants of "En français à Québec"! You'll also get to work on our yearbook. Come create nice mementos that everyone will keep for a long time!

### **Literature and Languages**

Stories and poems are meant to be shared, not to stay in your drawer! This workshop is the right place to come forward, create and get feedback. And since we know thtt writer's block is awful, we'll give you tricks to stay in motion! Isn't that wonderful? But wait, there's more: you'll read texts from

different writers and genres through history and, of course, from Québec's culture.

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### **Québec Civilization**

Ever wondered why Quebecers speak French and are very fond of that heritage? And why Québec's political stance is quite unique in North America? Well, it took a lot of time to arrive there and many inspired people who worked to transform society. And it's not over: The Culture in Québec City is lively, always in motion, and this workshop is your chance to see it up close!

### **Science New 2020!**

Sometimes theory can be boring... Let's take action and do some creative experiments! Discover the things you can do with a little physics, chemistry, and construction!

## **Workshops B**

### **Arts**

If you have a lot of imagination and you like to create, then this workshop is for you! Making your own jewellerys, personalizing your clothes and making masks are activities on the schedule. You will have a chance to use different materials to make your own art projects. So, what are you waiting for? We need your hands to construct wonders!

Get ready to create masterpieces using different techniques and mediums!

### **Cooking**

We all know that the traditions and cultures of people can be discovered in their plate! Cooking in French will be a nice start, giving you the opportunity to learn new words and technical terms. You might even discover some typical Québec food! Trying new meals is always a great experience, even more if you can enjoy that moment with others!



Come share your tastes and learn tricks to be a better cook!

### **Dance**

If you can't stop moving your head, stomping your feet or singing when you hear music, then join us as fast as you can! We shall discover diverse shapes and aspects of dance through presentations, movies and many dance steps. We will end this activity by a remarkable, funny and amazing show!

### **Music and Singing**

Summer and vacations are not an excuse to let down your instrument or let your voice go cold! You have a guitar, a flute, a saxophone? Bring it with you! You'll also get the chance to try new instruments too!

Please note that it is important that you have basic skills in music reading and some experience with an instrument, as we will be playing at the talent show towards the end of the program.

### **Video & Communication New 2020!**

It is true that a picture is worth a thousand words but now a video is worth so much more! If you like making videos and looking to communicate with other through them, this workshop is for you! At the same time, there is so much going on in Québec and in the program and we will match this workshop with the everyday activities of the program. Leave your mark and be part of the

conception, production and editing of this workshop

### **Sports and Training**

If you like to move and have fun, the sports workshop is the right place! We are going to try many activities like playing soccer, basketball, badminton, beach volleyball, etc.! Come and burn your energy with us!

### **Theater**

Feelings, stories, makeup, history and imagination, all this and more at the Theater workshop. Our goal? To make our public laugh, cry, scream and of course to entertain! *We will show our play at the end of the program to all the students.*

### **Mind, Body & Soul New 2020!**

We will learn how to relax, have a better posture and a better lifestyle. Get to know different yoga positions and breathing techniques. We'll cover healthy eating and positive habits. Our lives are so stressful, so give yourself a break and become more "zen"!

### **Outdoors New 2020!**

Being active and in contact with nature is possible in Québec, this workshop is not only about doing exercise, but to explore the outdoors. So let's breathe fresh air and discover all the possibilities that Quebec has to offer.



## Workshops B+

Mandatory for all students.

Life is full of surprises! Why not try something different from what you usually choose ? With your workshop B group, experience two activities between Discussion and debate, Arts, Music, Video and communication and Improvisation. An occasion to discover new interests!

## Workshop C: Explore Quebec

Mandatory for all students.

You are interested in discovering amazing places in Quebec City? You want to taste traditional French-Canadian meals, discover the popular sports or watch movies that they love? Come to the “Explore Québec” workshop and give something special to your summer.