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# FRENCH HIGH SCHOOL

## INFORMATION BOOKLET

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COLLÈGE  
SAINT-CHARLES-GARNIER  
INTERNATIONAL





**01** What we are all about & *Quebec City*

**02** Supporting students  
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**03** Pedagogical Approach

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COLLÈGE  
SAINT-CHARLES-GARNIER



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# WHAT WE ARE ALL ABOUT

Founded in 1635, Collège Saint-Charles-Garnier is a private high school with an average of 600 boys and girls and 20 international students. Our High School program offers a french immersion in the school and with our host families in an inclusive and wellcoming environment. No need to be bilingual, student only need to start with a level A2 of French.

In the heart of the city, this magnificent stone building enjoys an immense land. There is easy access to downtown and shopping centers.

Our College has different spaces available for the students :

- 3 gyms
- A large sports area with a soccer field, a soccer field and a 100 meter runway
- 5 well equipped science laboratories, including 1 robotics laboratory
- 2 Plastic Art rooms
- 1 classroom specialized for dance and interpretation
- 1 classroom specialized for music (and 7 other classrooms for practice)
- 1 library
- 1 cafeteria with affordable prices
- 1 auditorium







# QUEBEC CITY

Recognized by UNESCO  
Renowned for being a safe, friendly and  
*pittoresque* city  
Capital of the province of Quebec  
Population : 530 000  
100% French environment  
Weather in winter is between -10 to -30 degrees and 20 to 35 degrees in  
the summer.  
275 km from Montreal, 800 km from Toronto, 875 km from New York

## GENERAL INFORMATION

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Château Frontenac  
Old Quebec  
Plains of Abraham  
Museums, historical and cultural sites  
3 ski resorts such as Stoneham and Le Relais  
Montmorency Falls  
Ice Hotel, Winter Carnaval and Summer Music Festival (FEQ)

## MAIN ATTRACTIONS

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Frequent and reliable bus service  
Direct bus lines between the school and downtown  
(frequency every 10-15 minutes)  
Student monthly pass (+/- \$60.00)

## PUBLIC TRANSPORT



# WHERE IT ALL HAPPENS



# SUPPORTING STUDENTS SUCCESS AND WELLBEING

Collège Saint-Charles-Garnier has always made it a priority to provide a healthy, inclusive and welcoming environment. Our entire team of teaching and support staff works together to help students navigate the challenges of adolescence, guide their personal experiences and support their learning.

Dedicated **class tutor**: students benefit from the guidance that comes from every class group having its own teacher. As a direct **point of contact** between parents and the College, the tutor keeps **communication** flowing smoothly with a personal touch.

Our team of professional support staff includes a school **social worker**, **guidance counselor and special education technicians**, all dedicated to fostering student **wellbeing and success**.

## OUR STAFF

### STAFF DEDICATED EXCLUSIVELY TO THE INTERNATIONAL STUDENTS

Experienced **counselor** for all the matters concerning the international students: in charge of school performance, attendance, behavior, adaption, personal development and communication with parents.

**French teacher** with sound experience in teaching French as second language to young students.

**Host family coordinator**

**A team of bilingual employees** that support and guide the activities of the students.

### OUR STAFF (CONTINUED)

Four **supervisor educators** are available and attentive to the needs of the students. They ensure a **quality presence** throughout the day. They provide **front-line services** to meet the daily needs of the student (first aid, locker problems, elevator key loans, sports equipment loans, lost items, general information, etc.).



# SUPPORTING STUDENTS SUCCESS AND WELLBEING



We have a group of **experienced host families** that have been part of the program for years.

We have a **various range of profiles**: families with young children or teenagers, young couples, retired couples, single parent families, etc.

Despite the different profiles and compositions of our host families, all of them embody **the values of our program and respect our policies**. They have all passed the verification process to become host families.

The life in a host family offers a real immersion experience, because all of them leave in a **French environment**. The families keep in touch with the school in order to discuss the students development.

The role of the families is to support all the aspects of the **students' life in Quebec** (the language, needs/health, the city, the weather, social practices, among others). Families do not see the student as a client or as an invited. **Students are member of the family**.

The homes are easily accessible by bus, bike or by foot from the school. They live in a safe neighborhood.

## HOW DO WE CHOSE THE HOST FAMILY?

**NEW FAMILIES ARE CHOSEN THROUGH A DETAILED PROCESS :  
DOCUMENTATION, VERIFICATION, VISITS AND RECOMMENDATIONS.**

- Criminal records and recommendations are always verified
- We match the personal information of the student with the family's profile
- We personally analyse the profiles and match the student (we do not work with an agency)
- You receive the information of your new family prior to your arrival to Quebec
- The host families' coordinator does a regular follow-up with host parents and student.



# PEDOGOGICAL APPROACH

**Collège Saint-Charles-Garnier offers to its students a study program focused on:**

- the development of intellectual abilities, knowledge and judgment;
- training in ethical discernment and openness to various beliefs;
- the development of a sense of overcoming and the pursuit of excellence;
- openness to the world.

The College aims to pursue specific objectives in educational activities on five levels:

**1**

INTELLECTUAL

**2**

MORALLY AND  
SOCIALY

**3**

PHYSICALLY AND  
PSYCHOLOGICALLY

**4**

AFFECTIVELY

**5**

SPIRITUALLY





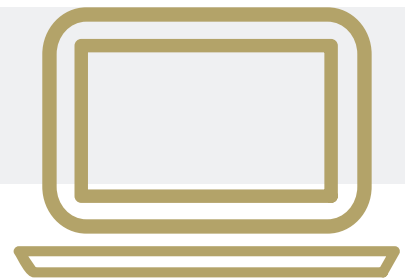
# INFORMATION TECHNOLOGY AND COMMUNICATIONS

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## THE COLLEGE INCLUDES THE FOLLOWING

### **\_\_\_\_\_**

- The entire community of teacher and students works with Google Apps for Education\*
- All classrooms have been equipped with with smart boards for number of years already.
- All students have an electronic school agenda and can access a shared calendar for students and teachers.
- An education portal (app) provides a privileged channel for communication.
- An IT skills development program is in place.
- Interactive digital platforms are used in conjunction with standard exercise books.
- Students bring their own technology into the classroom (tablets and laptops) as well as using traditional paper and pens.



## GOOGLE APPS

### **\_\_\_\_\_**

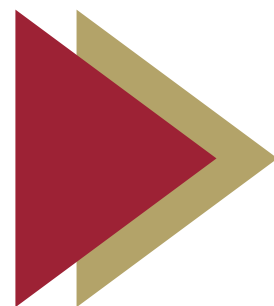
\*Integrated communication and collaboration solution designed for teaching establishments, featuring a suite of tools (Classroom, Docs, Sheets, Slides, Calendar, etc.).



# English Immersion

As your French keeps improving, you can also improve your English by participating in our English Immersion program. It allows our students to reach the objectives of English Language Acquisition (ELA). Supervised by a team of highly qualified teachers, the students will have :

- 175 additional hours of English classes
- 1 full day of activities in English per cycle of 10 days
- 1 language assistant from England is available
- Possibility of improving their English during a trip to England
- Possibility to participate in the programming of activities of the International Exhibition



## KEEP YOUR ENGLISH GOING!

The program is compatible with all the profiles offered!

Your French immersion will not be compromised if you participate in the English Immersion program!

The program is available for all students!

All the common-core classes are still given in French. There will just be more English classes and activities!



|                | 7TH & 8TH<br>GRADE  | 9TH GRADE   | 10TH GRADE  |
|----------------|---|---|---|
| COMMON<br>CORE | French (oral and written) - FLL<br>English<br>Math<br>Science and technology<br>Ethics and culture<br>Geography<br>Physical Education                         | French (oral and written) - FLL<br>English<br>Math<br>Science and technology<br>History<br>Physical Education | French (oral and written) - FLL<br>English<br>Math<br>Science and technology<br>History<br>Physical Education |
| OPTION*        | One option must be selected : dramatic art, plastic art or music  |   |   |
| PROFILE*       | Students must select at least one of 11 profiles. See next page.  |   |   |
|                | 11TH GRADE  |   |   |
| COMMON<br>CORE | French (oral and written) - FLL<br>English<br>Math<br>Global Issues<br>Financial Education<br>Ethics and culture<br>Physical Education<br>Integration Project |   |   |
| OPTION         | Three options must be selected among:   | <ul style="list-style-type: none"> <li>• Multi-Sport</li> <li>• Chemistry</li> <li>• Physics</li> </ul>       | <ul style="list-style-type: none"> <li>• English (ESL)</li> <li>• Journalism</li> <li>• History</li> </ul>    |
| OPTION         | One option must be selected : dramatic art, plastic art or music  |   |   |

## MORE DETAILS

**Option and Profile** : Subject to availability at the time of registration. The selection of a profile is mandatory (7th to 10th grade). **All the main core and optional subjects are mandatory and recognized abroad for the validation of studies.**

# 11 PROFILES FOR GRADE 7 TO GRADE 10

## SCIENTIFIC PROFILES

### SCIENCE OR ROBOTICS

These two profiles will please those who like to discover about the universe surrounding them, those who wish to understand everything.

**\$80**

## WORLD AND CULTURE PROFILE

This profile gives more opportunities for those who are open about the world. Go on an adventure to meet new cultures and enrichen your view on the world.

**\$80**

## ARTISTIC PROFILES

### VISUAL ARTS - SINGING - DANCE - MUSIC OR THEATRE

Burn the dancefloor, expose your creations and become an accomplished artist! These profiles offer a dynamic and creative way of learning and developing self confidence, concentration, perseverance and imagination.

**\$80 and \$525 for Dance**

## ATHLETIC PROFILES

### BASKETBALL - GOLF OR SOCCER

Improve your athletic and tactical skills et live to the rythm of sports thanks to our various athletic profiles.

**\$345 for Basket - \$2,600 for Golf - \$450 for Soccer**

*For more information on our profiles, please visit : [collegegarnier.qc.ca/etudier-au-college](http://collegegarnier.qc.ca/etudier-au-college)*



# TRIPS

The international students can also participate in the trips that the Collège organizes each year. Whether it is to discover a new culture or society, to do sports or for humanitarian aid, they are a great opportunity to enrich even more their cultural knowledge.

**Cost from \$350 to \$3,300**

Some places we have visited in the past:  
**North America:** Cities like Toronto, Montreal, Ottawa, Niagara, Washington, Chicago, the state of Vermont.

**Europe:** Italy, Spain, Germany, Poland, Czech Republic, Austria.

**Other destinations:** Costa Rica, Senegal

Once per semester, the pedagogical coordinator organizes a trip for the international students. Depending on their interest, they could go to visit New York, Montreal or Toronto and Niagara Falls.

The extra cost of those activities will be determined according to the number of participants.



# EXTRACURRICULAR ACTIVITIES

- List of the main extracurricular activities offered
- The variety of activities changes from year to year
- Activities offered by semester
- Schedule of activities: at lunch time or after school
- All the activities are taught in the College facilities
- Registration and payment during the school year

**COSTS VARY FROM \$50 TO \$500**

## LINGUISTIC

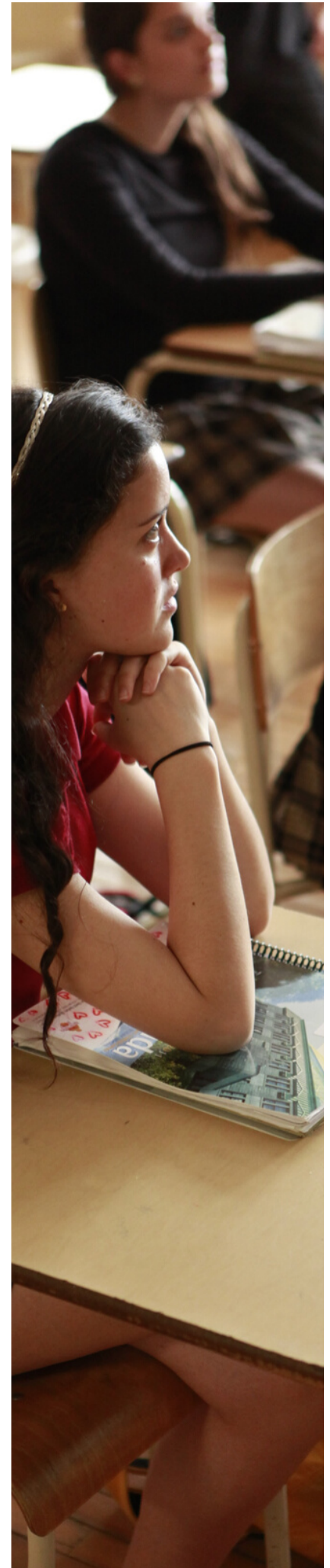
International club  
Creative writing workshop  
Writing contest  
Creative writing

## CULTURAL

Role playing game club    School radio  
Film classes                      Photography club  
Young Democrats  
Young Entrepreneurs  
Garnier en spectacle (artists)  
Quiz Team

## INTERCULTURAL

Intercultural theme activities  
Intercultural week  
Sponsoring international students  
Introduction to international cooperation  
internship  
World cuisine





# EXTRACURRICULAR ACTIVITIES

## KEEP YOUR FRENCH GOING!

### HEALTH

- Outdoors committee
- Anti-bullying committee
- Environment committee
- Health committee
- Dance classes (Zumba)
- Relais-Jeunesse
- La Traversée
- 24 hours of silence
- 48 hours of silence
- Yoga

### SPORTS

- Athletics
- Badminton
- Basketball
- Cheerleading
- Cross-country
- Football
- Rugby
- Soccer
- Ultimate frisbee
- Volleyball
- Gym/Workout room

**BE PART OF THE  
EXPRESS!  
OUR SCHOOL  
TEAM**

### ARTS

- Drawing workshops
- Lunchtime arts
- Cinema
- Singing and choir lessons
- Guitar and piano lessons
- Garnier en spectacle committee/artists
- Singing group
- Harmony
- Music groups
- Improvisation
- Magic
- Theater groups
- Drumline



# EXTRACURRICULAR ACTIVITIES

## VOLUNTEER WORK FOR CSCG

Amnesty International  
Camp counselling - Trois-Saumons  
Café Estaminet  
Various committees such as ; yearbook,  
graduation, parties, sports and environment  
Celebration of arts and culture committee  
COOP Branché  
Student tutoring  
L'Express mascot  
CSCG production



## OUTSIDE VOLUNTEER WORK

Arche Étoile Centre  
Volunteering in the neighborhood  
Entraide du Faubourg  
Lauberivière Shelter  
Moisson Québec / Guignolée fundraiser  
Jeffrey Hale Hospital visits  
World Walk  
Premier Acte  
School crossing guards

## SCIENCE

AQJM math (finals)  
Pursuit of excellence club (science)  
Notre-Dame-de-Foy competition of excellence  
Canadian Chemistry Contest  
Various mathematics contests  
Michael Smith Science Challenge  
Creative engineering challenge  
Science expo  
île aux Basques internship  
Robotics



# OTHER EXPENSES

- All costs are estimated and subject to change.
- The chosen option for the workshop and the sports will have a direct impact on their cost. The workshops function on a semester basis. Sports function according with the sport season.
- Sports and workshops are not related to the "profile" chosen by students from 7th to 10th grade.
- Books are given by the school, as well as two pieces from the uniform

CAQ (payment to the government of Quebec)..... \$110.00

NYC trip with the International students (Fall)..... \$1,000.00

Toronto/Niagara Falls trip with International students (Fall)..... \$1,000.00

Sports during fall season ..... \$200.00

Fall workshops..... \$150.00

Sports Spring season..... \$150.00

Winter workshops..... \$150.00

Monthly bus pass ..... \$60.00

Uniform (3 pieces)..... \$150.00

Fall festival and Winter festival ..... \$50.00

Trips with the College..... \$850.00

Various activities with International students during school year..... \$300.00

School supplies..... \$100.00

Study permit and visa (Canadian embassy) Depends

Depends on the country of the student

Personal expenses (42 weeks)..... +/- \$50.00 per week

Depends on the student's lifestyle and habits

# UNIFORMS

International students, such as regular students of the College, must wear the uniform (also known as "The Collection") and comply with the rules established in this regard. Students have the liberty to mix and match items from the collection.

## Top of the uniform

- International students may wear polos or white or black shirts that are not in the collection only if they wear the vest or sweater from the collection as well. These shirts or polos should resemble those of the collection (cut, without any type of print, extra pockets, folds, etc.).
- Short sleeve or long sleeves (white or black) will be allowed to be worn underneath the garments in the collection. ). T-shirts are not allowed.

## All other items must be from the collection

## Bottom part of the uniform

- Beige pants and skirt: from the school collection only
- Black trousers and skirts: They should NOT necessarily be those in the school's collection, if they are straight and without any branded logos or extra folds. They should resemble as much as possible to the trousers of the collection. Black jeans are not allowed.
- The tights for the students must go to the ankle, and they must be white or black.

## Shoes

- Tennis can only be used in Physical Education class
- No sandals or boots or ankle boots allowed
- The students can not wear shoes with a heel of 4.5 cm or more. The shoes must be black, leather or suede, with a black or gray sole not exceeding 2 cm (same for the heels). They must not be damaged and must release the ankle completely. If it is a lace-up shoe, these should be black and tied.

## Physical education uniform

Shorts, t-shirts and pants that don't belong to the collection can't be used. These garments must be used exclusively during the sports class. There are changing rooms available for students.

## Winter clothes

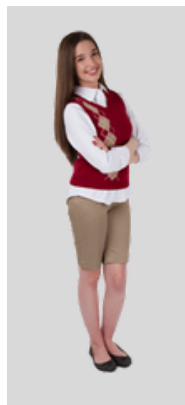
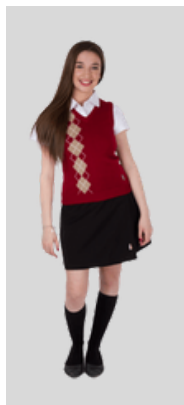
It is not possible to wear jackets or sweaters (that don't belong to the collection) in the College. The procedure is to arrive to school, leave the jacket, sweater and snow boots in the locker and enter classes with the uniform only. Winter boots are not allowed inside classrooms.

If international students do not have winter clothes, we advise you to buy them here in Quebec, especially if they will spend a full year with us (it is advisable to have an appropriate winter jacket and boots). For both the staff and the host family it will be a pleasure to guide them and accompany them to buy their winter clothes.

**For the first days of the class, the students must arrive wearing black pants / skirt and polo or white shirt (without logos). Jeans are not allowed.**



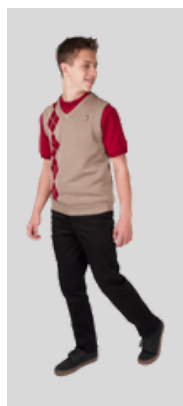
# UNIFORM PRICES



|                      |         |
|----------------------|---------|
| Polo shirt.....      | \$26.00 |
| White shirt .....    | \$39.00 |
| Skirt (folded) ..... | \$65.00 |
| Skirt .....          | \$35.00 |
| Pants .....          | \$57.00 |
| Cardigan .....       | \$54.00 |

## GIRL UNIFORMS

These are examples of the items sold by the school. More options are available. Prices showed are an average price. Complete information will be provided once registered to our program.



## BOY UNIFORMS

These are examples of the items sold by the school. More options are available. Prices showed are an average price. Complete information will be provided once registered to our program.

|                       |         |
|-----------------------|---------|
| Polo shirt.....       | \$26.00 |
| Shirt .....           | \$39.00 |
| Rugby-style shirt ... | \$35.25 |
| Bermude shorts.....   | \$47.00 |
| Pants .....           | \$60.00 |
| Cardigan .....        | \$54.00 |



# USEFUL LINKS



UNIVERSITÉ  
LAVAL



Immigration, Refugees  
and Citizenship Canada



COLLÈGE  
SAINT-CHARLES-GARNIER

# CONTACT

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