

**Synchronous classes, workshops and activities**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>10:30am- 12:30pm</b> <b>French class</b></p> <p>1pm - 2pm Teamwork</p> <p><i>2pm - 2:30pm</i> <i>SOS français</i> <i>(non mandatory)</i></p> <p><b>3pm - 4pm</b> <b>Clubs</b></p>	<p><b>10:30am- 11:30am</b> <b>Conversation class</b></p> <p><b>11:30am- 12:30pm</b> <b>Option 1</b></p> <p><b>1pm- 2pm</b> <b>Option 2</b></p> <p><i>2pm - 2:30pm</i> <i>SOS français</i> <i>(non mandatory)</i></p> <p><b>3pm - 4pm</b> <b>Clubs</b></p>	<p><i>10:30am - 11am</i> <i>SOS français</i> <i>(non mandatory)</i></p> <p><b>11am- 12pm</b> <b>French class</b></p> <p><b>12:30pm- 1:30pm</b> <b>French class</b></p> <p><b>1:45pm-2:45pm</b> <b>Workshop A</b></p> <p><b>3pm - 4pm</b> <b>Clubs</b></p>	<p><i>10:30am - 11am</i> <i>SOS français</i> <i>(non mandatory)</i></p> <p>11am-12pm Teamwork</p> <p><b>12:30pm- 1:30pm</b> <b>Conversation class</b></p> <p><b>1:45pm- 2:45pm</b> <b>Option 3</b></p> <p><b>3pm - 4pm</b> <b>Clubs</b></p>	<p><b>11am - 12pm</b> <b>Workshop B</b></p> <p><b>12:30pm-1:30pm</b> <b>Well-being activities</b></p>



GMT/UTC-5 (Québec City time).

Clubs: once per week according to the Student choice of Club.

Schedule subject to change.

**Asynchronous activities and important dates**

Week 1	Week 2	Week 3	Week 4	Week 5
<p><b>Before DAY 1:</b> <b>Watch the Welcoming ceremony and Day 0 videos</b></p> <p><b>Day 1: Monday, July 5th</b></p>	<p><b>Survey about week 1</b></p> <p><b>Week 2 video</b></p> <p><b>Special quest</b></p> <p><b>Old Quebec and Petit Champlain virtual visit</b></p>	<p><b>Survey about week 2</b></p> <p><b>Week 3 video</b></p> <p><b>Special quest</b></p> <p><b>Human 2.0</b></p> <p><b>Ile D'Orléans and Montmorency Falls virtual visit</b></p> <p><b>Mid-term exam: Wednesday and Thursday</b></p>	<p><b>Survey about week 3</b></p> <p><b>Week 4 video</b></p> <p><b>Special quest</b></p> <p><b>Conference</b></p> <p><b>Iconic Quebec outdoor sites virtual visit</b></p> <p><b>End of 4-week program: Friday</b></p>	<p><b>Survey about week 4</b></p> <p><b>Week 5 video</b></p> <p><b>Special quest</b></p> <p><b>Human 2.0</b></p> <p><b>Talent show</b></p> <p><b>Circus</b></p> <p><b>Final exams: Wednesday and Thursday</b></p> <p><b>Gala 4pm-5pm: Thursday</b></p>

Asynchronous activities to be done during free time (week or weekends).

Activities subject to change.

Légende:	Activities	Group	Format	Type
	French class	French group	Synchronous	Mandatory
	Conversation class	French group	Synchronous	Mandatory
	Teamwork	French group	Synchronous	Mandatory
	Option	3 different groups	Synchronous	Mandatory
	Workshop	2 different groups	Synchronous	Mandatory
	Club	1 specific group	Synchronous	Mandatory - One day per week only
	Well-being activity	1 specific group	Synchronous	Mandatory
	SOS Français	No specific group	Synchronous	Non-mandatory – If needed
	Virtual visits and videos	Individually	Asynchronous	Mandatory and non-mandatory activities - During free time (week or weekend)

<i>Choices of Workshops</i>	
<i>Cooking</i>	<i>Photography</i>
<i>Nature and outdoor</i>	<i>Globetrotter</i>
<i>Communicate effectively</i>	

<i>Choice of Options</i>	
<i>Phonetics</i>	<i>Creative writing and reading</i>
<i>Quebec's culture</i>	<i>Global issues</i>
<i>Debate</i>	<i>Slam</i>

**Examples of Clubs\*:** Youth and society, Philosophy, LGBTQ+, etc.

**Examples of Well-being activities\*:** Dance, Yoga, arts, Fitness, etc.

*\*Final choices to be confirmed.*